



The Person I Am Becoming

A little journey to discover your worth

write or draw

STOP 1 My Inner Superpower

I bring something special to the world.



I'm kind when...



I keep trying to learn...



Only I am...

Strengths can be quiet, ordinary – and different for everyone.

STOP 2 The Mistake Mirror



I made a mistake. Does that make **ME** a mistake?

"I got an answer wrong even after studying."

My first thought...

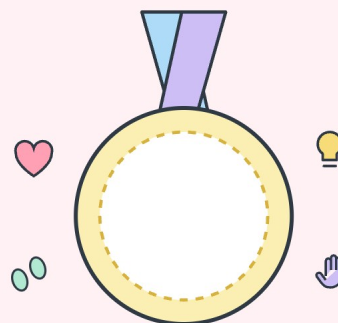
Another way to see it...

A mistake tells me something happened. It doesn't tell me everything about who I am.

STOP 3 My Invisible Medal

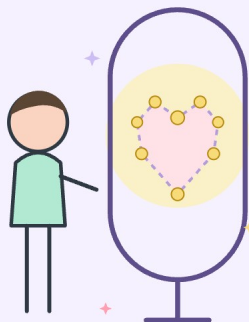
Not every achievement gets a prize.

Something good I did that nobody rewarded:



trying again · telling the truth · including someone · asking for help

STOP 4 pause & breathe



WHAT IF I NEVER HAD TO PROVE MY WORTH?

★ I don't have to win to matter.

★ I don't have to be perfect to be proud of myself.

★ I can be a work in progress and still be enough.

If you already mattered just as you are, what would you stop trying so hard to prove?

